

DESIS
NETWORK
Design for
Social Innovation
and Sustainability

Farm-To-Table Experience

Slow Tourism



universidade
de aveiro

Universidade de Aveiro
ID+ DESIS Lab Portugal

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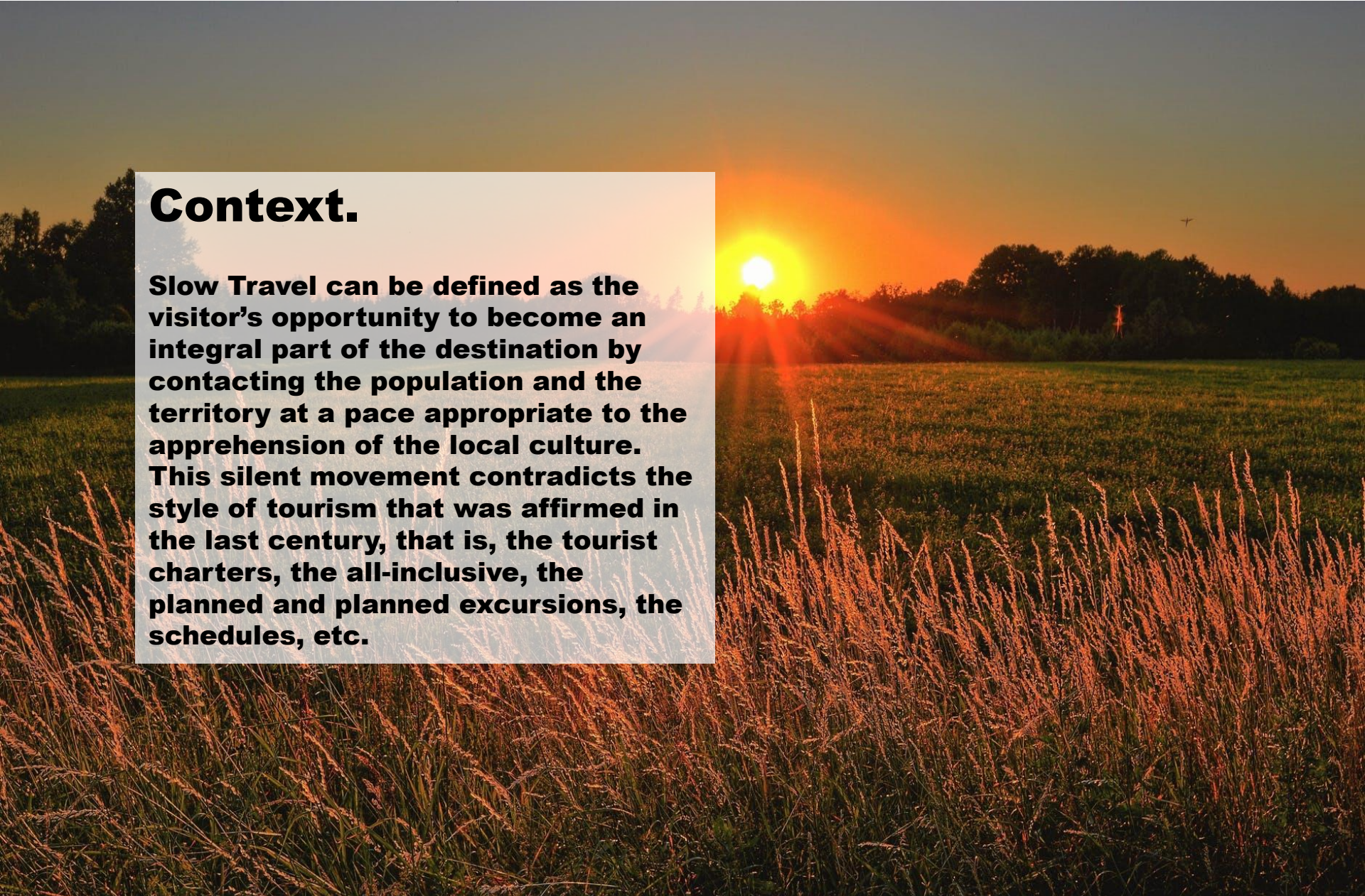
Promoter(s).
Portugal Farm Experiences

Funder(s).
Francisca Carvalheira
Estêvão Anacleto



Context.

Slow Travel can be defined as the visitor's opportunity to become an integral part of the destination by contacting the population and the territory at a pace appropriate to the apprehension of the local culture. This silent movement contradicts the style of tourism that was affirmed in the last century, that is, the tourist charters, the all-inclusive, the planned and planned excursions, the schedules, etc.



The project.

The culture of a country is inevitably related to the people, customs and history of the regions, so what this project offers is all that enhance, cultural, natural and gastronomic wealth that exists in Portugal.



The design process.

The experience starts with a visit to the market, where you can choose the products that you use during the activity.

All the experiences can be programmed and customized according to the number of the attending people or the occasion of the gathering.



Activism and Civic Participation



Local ecosystem

Learning about the challenges of transforming a historical farms into a new take on organic farming, where while remaining faithful to the local ecosystem and flora, new and innovative farming methods are being explored.

Social Interactions and Relations



Food Preparation
Social Gathering Activities

The program offers a day in the true Portuguese countryside while learning about a new agriculture movement focused mainly on sustainability.

City and Environmental Planning



Permaculture

Sustainable Production

The farm is committed to the sustainable production of healthy food in accordance with ethical principles and have recently began the process of converting to permaculture.

Skill Training and Design Education



Cooking Workshop

Sustainable Production

Cooking classes are fun to attend. You learn new dishes, make new friends, and take home new techniques and ideas to make cooking at home more enjoyable.

Job Creation



Agriculture Experts and Farm Partners

Local Buisness

For all this available experiences the project needed a wide range of partners selected from wineries, farms and private individuals, which allows to provide the users with the best agricultural experiences in the country.

Storytelling and Visualisation



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