

DESIS
NETWORK
Design for
Social Innovation
and Sustainability

Homestead For Youth



universidade
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ID+ RESEARCH
INSTITUTE FOR
DESIGN, MEDIA
AND CULTURE
PORTUGAL

Universidade de Aveiro
ID+ - Instituto de Investigação
em Design, Media e Cultura
Portugal
Clara Serrano

Promoter(s).
Homestead for Youth

Funder(s).
Carla and Marty Fadelli



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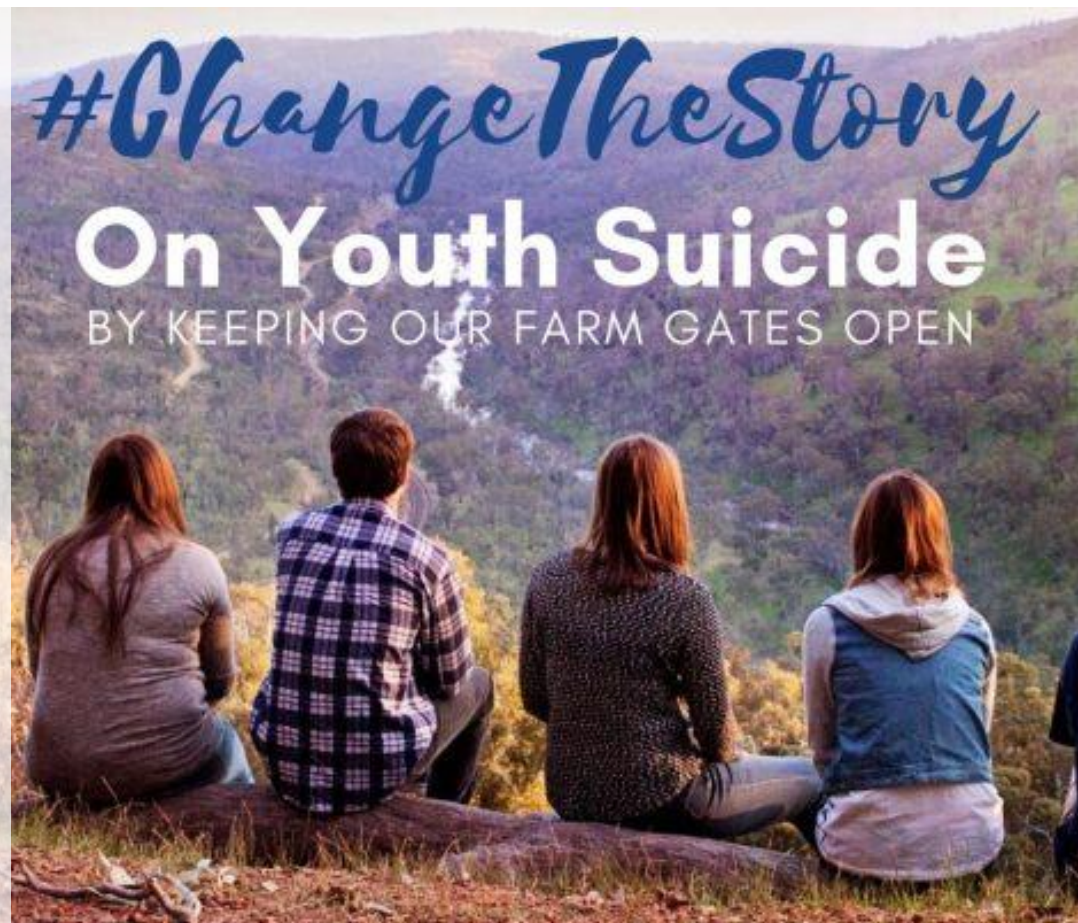
Context.

This project came to be when Carla and Marty found about the numbers of suicides and poor mental health conditions of young Australians: 1 in 7 experience some mental health condition and the suicide rate in the Australian youth is the highest it has been in 10 years. Suicide is the biggest killer of young Australians and accounts of deaths of more young people than car accidents.



The project.

Non-profit organisation in Meelon (Australia) committed to provide residential mental health support and Psychology therapy day programs to vulnerable youth and their families using a family style farm-based model (like animal therapy), in hopes of empowering them in a way that helps them give back to the community.

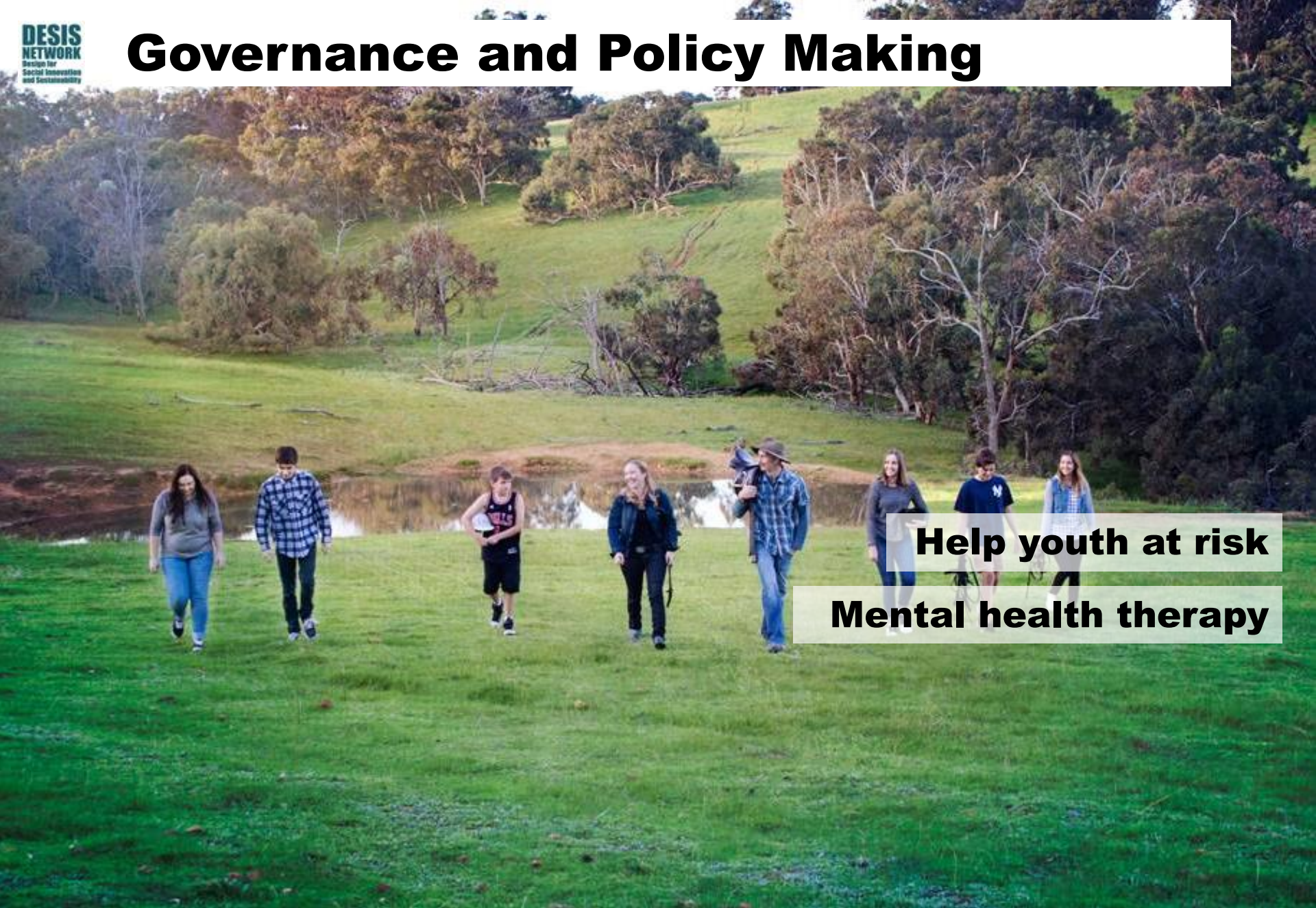


The design process.

Carla and Marty wanted to change the statistics so in 2009 they started looking after young people by providing emergency, residential and long-term living arrangements in their parents' farm. With that, Carla saw how more relaxed and open these teens were with her therapy. This started their innovative approach to youth mental health and in 2014 they established Homestead for Youth.



Governance and Policy Making



Help youth at risk

Mental health therapy

The government knowledge the importance of this project, helping it financially and making it part of the *Australian Charities and Not-for-Profit Commission*, recommending youth and families at risk to take part in the

Activism and Civic Participation



Citizen's donations

Volunteers from different areas

It is a non-profit project, so professionals in the areas of Psychology and Education can volunteer and help the project, working with other professionals and gaining experience in the field. The government helps financially, but

Social Interactions and Relations



It is a project that is only possible with the help of the community and the government. The community helps these children get help and therapy as an act of kindness. On occasional events, the community is invited to join the

City and Environmental Planning



Its focus is on fixing the gaps in Australian youth development and mental health systems by creating an environment where the youth can feel relaxed and learn, slowly getting ready to be reintroduced in society.

Skill Training and Design Education

Learning through personal experience

Social interactions

Mentoring and therapy



HOMESTEAD
FOR YOUTH

Through this project, the youth is able to gain social skills with the help of animal therapy and their mentor. As for the volunteers, they gain experience in the field, working with real cases.

Job Creation



Volunteering professionals



Most volunteers who work for this organization have full time jobs somewhere else but consolidate their professional work and use their knowledge to help the youth and the organisation.

Storytelling and Visualisation



TOO LATE CLASS @
THE FARM

**BLOOM
WHERE
YOU ARE
PLANTED**

Seasonal events

Educational workshops

Mondays

NING TEA ~ STORY BOOK ~ ANIMAL ~ FARM TOUR ~ CRAFT A
INFO@H4Y.COM.AU. 0449 939 597

There's a lot of workshops educational workshops organized and events open to the community, spreading awareness on the issue. Facebook is the main social media platform used, where they share numerous photos of

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www.homesteadforyouth.org

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info@h4y.com.ua



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