

DESIS
NETWORK
Design for
Social Innovation
and Sustainability

Associação A4

Acolher, Aceitar, Agir, Adaptar



ID+DESIS Lab
Portugal

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Aknowledgements.

Fundo Social Europeu, Município de Arouca

Context.

The A4 Association was born out of the desire of a group of abstinent people, with the aim of creating a solid structure ,capable of helping people with alcoholism problems. A4 refers to the words Welcome, Accept, Act and Adapt with the objective of socializing, preventing, treating and monitoring individuals through a program co-financed by the European Social Fund.



Projet (RE)Colect
Among the various areas for the recovery of these individuals, the (RE)Colher project stands out. This intervention is based on a training program social and professional skills, with the use of agricultural and basketry practices, as well as the sale of the products that grown on the farms. This production focuses on the cultivation of vegetables, tubers and some aromatic plants.



Governance and Policy Making



Alcoholic abstinence

Therapeutic Group

This project was programmed together with social workers in the Municipality of Arouca, as well as ADRIMAG (Association of Integrated Rural Development of the Montemuro, Arada and Gralheira Mountains.) And Associação Geopark Arouca.

Activism and Civic Participation



Market / Sustainability

The project is oriented towards the market, in order to obtain recipes that allow its sustainability. Revenues come from sales of agricultural products and basketry articles, as well as from applications of national and European programs. It is also important to mention the implementation of collaboration protocols with local institutions.

Social Interactions and Relations



**Share their stories
with the world**

Every 15 days individuals met to share experiences, knowledge and information. This project has already been covered by several newspapers and television channels, including Porto Canal, making known the process of basketry and agriculture.

City and Environmental Planning



Use of empty space in Arouca

Cultivation and productivity

Prior to this project, the fields that are currently cultivated belonged to the Municipality of Arouca. With the introduction of (RE)Colect, the planning of these spaces was organized and used in a way to make the most of the space.

Production, Distribution and Consumption



Production

Participation

In addition to the sale of agricultural products, the people who participate in this project participate and produce products in art workshops for sale.

Job Creation



Socialize

Adapt

The purpose of this project would be to be able to introduce and adapt these people to the world of work and socialization.

Storytelling and Visualisation



Map a new way of living

Ideas sharing and experiences

To visualize the project, we can mention the ability to introduce people with prior problems to an association that with the help of social and legal support, psychology, emotional psychology, creative workshops and production promotes a promising future and a way to introduce themselves to the world.



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