

DESIS
NETWORK
Design for
Social Innovation
and Sustainability

Clube Hípico do Norte: Centro Hípico Ir. Pedro Coelho



universidade
de aveiro



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Promoters.

Câmara Municipal de Esposende
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Funders.

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Aknowledgements.

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Context.

The Clube Hípico do Norte which is located in Esposende (Portugal) develops equestrian activities for therapeutic and sporting purposes at the Centro Hípico Ir. Pedro Coelho.



The project.

The Clube de Hípico do Norte tries to combine sports, therapy, leisure, tourism and events in a single concept. The objective is to provide the community in general, with the sport of horse riding close to nature, an incentive to healthy habits and lifestyles.

DESporto - TERAPIA -



The process.

In practice, there are several activities that the Northern Equestrian Center offers, however, they can be grouped into the following categories: therapeutic riding, riding school, competitions, pedagogical activities, horseback riding, summer camp and birthday parties.

Activism and Civic Participation



Inclusion

Several partnerships

Therapeutic program

Inclusion as an indispensable factor in the formation of the human person and in the development of society, occupies special prominence in the citizen with special needs. The Therapeutic Program of this equestrian club contemplates the partnership with the Municipality, all educational groups of the municipality of Esposende and

Social Interactions and Relations



Bonded by the horses

Interpersonal relationships

All activities at this equestrian center involve social interactions. Nevertheless, it can be noted that horses are a great attraction for children and that united by this passion (in the riding school, on the summer camp or even at the birthday party at Centro Hípico do Norte) there is a strong motive for the development of interpersonal relationships and the benefits they bring.

City and Environmental Planning



Schools

Social involvement

Clube Hípico do Norte includes a training activity, innovative and adaptable where horses go to school communities so that students have contact with sport and nature. The objective is to enable the proximity with the rural environment, through the contact with the horses and sensitize the young people for healthy lifestyles.

Skill Training and Education



Activities for children

Meeting the horse

"Knowing and Taking Care of the Horse" is an activity of the Clube Hípico do Norte whose objective is to introduce basic equestrian concepts to children between 4 and 6 years old. In addition to the theoretical explanation, children have practical application.

Job Creation



As this project involves several areas of knowledge, it is necessary to have a multifunctional team that responds to the requirements with professional quality. Therefore, this project involves the creation of new irreplaceable jobs.

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<http://www.chirpc.com/pt/>

<https://www.facebook.com/Clube-H%C3%ADpico-Do-Norte-970402563030561>

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